

### **Rescheduling a Pre-Participation Physical Exam:**

If there is a need to reschedule the pre-participation physical exam to a different time or day, all parents/guardians can reschedule their registration online. Use the email address and password to login and return to your registration to make any changes.

1. Login to <https://2024hrhphysicals.my-trs.com/>
2. Click on "View Schedule"
3. Click "Remove" the day/timeslot you cannot make.
4. Then click "Modify Schedule"
5. Pick the location/date/time that you want to switch your physical to and click "Next"
6. Click 'Checkout
7. Do NOT put in credit card information. Click 'Confirm' at bottom of the page.
8. You will then receive a new confirmation email with your new time/date